



March 2026

Dear Parent / Carer

### **Relationships and Sex Education at The Bolsover School**

The Bolsover School is committed to providing a high-quality educational experience, encouraging our young people to have an attitude of 'Nothing but the Best' in everything they do. Our curriculum determines and underpins the whole ethos of our school, celebrating achievement and encouraging students to achieve excellence. At The Bolsover School, our personal, social and health education (Personal Development) curriculum brings together citizenship with personal well-being, whilst promoting fundamental British values ensuring our young people become responsible citizens. Our Relationship and Sex Education (RSE) provision ensures that students are equipped with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being. Although Personal Development is taught through discreet, age-appropriate lessons, it also underpins regular tutor time activities, assemblies, educational visits and Curriculum Plus. It is intended that we will offer a cohesive whole-school approach which enables our young people to become healthy, independent and responsible members of society.

It is delivered to all students in accordance with the school's Equal Opportunities Policy and the requirements of the updated DfE *Relationships Education, Relationships and Sex Education (RSE) and Health Education (2025)* and the Relationships Education, Relationships and Sex Education, and Health Education (England) Regulations 2019 which are made under sections 34 and 35 of the Children and Social Work Act 2017.

At The Bolsover School, Relationships and Sex Education:

- is a partnership between home and school.
- includes the acquisition of knowledge, the development of life skills and respectful attitudes and values.
- has sufficient opportunity to cover a wide range of topics, with a strong emphasis on relationships, consent, rights, responsibilities to others, negotiation and communication skills, and accessing services.
- helps pupils understand on and offline safety, consent, violence and exploitation.
- is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief, or other life experience.
- teaches pupils about the law and their rights to confidentiality even if they are under 16, and is linked to school-based and community health services and organisations.
- promotes equality in relationships, recognises and challenges gender inequality and reflects girls' and boys' different experiences and needs

**The 2025 Relationships Education, Relationships and Sex Education (RSE) and Health Education guidance states that Schools should continue to develop knowledge on topics specified for primary as required and in addition cover the following content by the end of secondary.**

- **Families** including the legal status of marriage, the roles and responsibilities of parents raising children and how to determine whether sources of information from other people are trustworthy.
- **Respectful relationships and friendships** including the characteristics of healthy relationships, consent and boundaries, bullying and the negative issues that impact relationships.
- **Online and Media** including the law surrounding content on line, potential online risks, keeping yourself safe online and how information is shared and used online.
- **Being Safe** including concepts of and laws relating to intimate relationships and how consent can be withdrawn at any time.
- **Intimate and Sexual Relationships** including how to recognise healthy relationships, facts about reproductive health and fertility, managing and understanding sexual pressure, contraceptives and pregnancy choices and the different sexually transmitted infections.
- **The Law** including a range of important facts and the rules regarding sharing personal information, pictures, videos and other material using technology. This will help young people to know what is right and wrong in law, but it can also provide a good foundation of knowledge for deeper discussion about all types of relationships

We are working to make sure that our new curriculum reflects:

- our students' age and maturity levels, as well as their cultural and religious backgrounds
- the values of our school community to achieve nothing but the best
- every student's learning needs
- what pupils need to know to be healthy and safe in school, in their personal relationships and in the wider world.

If you would like any more information, the RSE policy along with some resources is located on the school website, there is also the DfE guidance document ([Relationships Education, Relationships and Sex Education and Health Education guidance](#)) or you can contact Mrs Power at the school via the websites staff contact page (<https://www.thebolsoverschool.org/staff-contact>).

Yours faithfully



Mrs K Power

Head of Humanities in. Personal Development