

PE – Curriculum Map

Our Journey

Students will leave The Bolsover School with an understanding of how physical activity contributes to lifelong fitness and mental and social well-being. This will enable students to confidently remain active into adulthood.



Year 11

*Core PE

*Active For Life

*Leadership

Sports Day

Sport and the media

Performance & Leadership in sport

Contemporary Issues in Sport

Practical performance

Integrity

Teamwork

Problem Solving

Sports Psychology

Socio-cultural Influences

Physical Training

Anatomy & Physiology

Year 10

*GCSE PE

*Cambridge Nationals Sports Studies

Sports Day



Competition

Year 9

Develop tactical knowledge & strategies

Sports Day

Basketball, Badminton, Fitness & Table Tennis

Football, Handball, Netball & Rugby

Athletics

Tennis, Rounders & Cricket

Resilience

Football, Handball, Netball & Rugby

Basketball, Badminton, Hockey & Fitness

Athletics

Tennis, Rounders & Cricket

Year 8

Focus on skills & game play

Sports Day

Tennis, Rounders & Cricket

Athletics

Basketball, Badminton, Hockey & Fitness

Football, Handball, Netball & Rugby

Evaluation

Independence

Motivating & Influencing Others

Self-management

Self-motivation

Year 7
Learn the basic skills/Warm-ups

Primary Starting Point

Kindness

