

## Progression for September

This 4 week programme will help you to plan for your future.

Apply for:

- College courses Apprenticeships
- Pre-Apprenticeship course
- Part time or full time employment

To book onto this course, you can email your referral form to [ISTEPUP@derbyshire.gov.uk](mailto:ISTEPUP@derbyshire.gov.uk) or call **07976 515105**.

**PLUS:** Receive £30 per week in high street vouchers!

Lunch will be provided and we will support with transport.

We will work with you to ensure that you have full access to this course



# I-Step Up 2021

## Take your next steps towards achieving your full potential



Starting on  
Tuesday  
06 July 2021 for 4 weeks  
Every Tuesday,  
Wednesday and Thursday  
between  
10am and 2.30pm

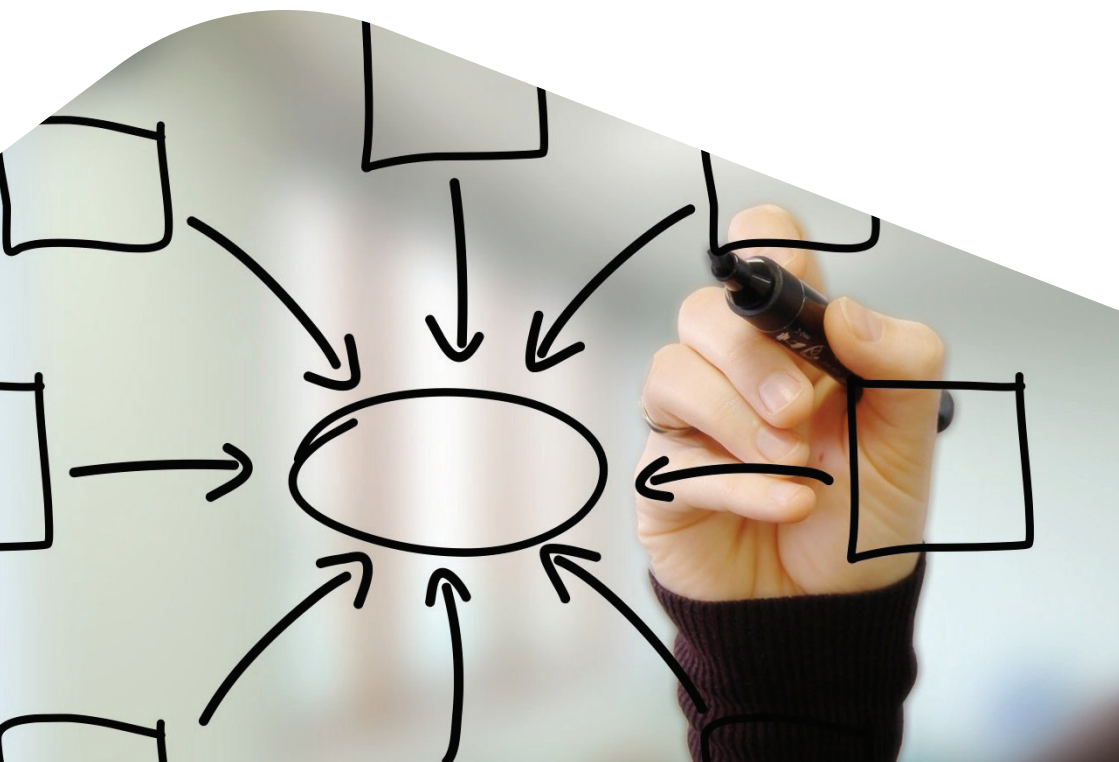
## Induction

We will hold an induction day Wednesday 23 June 2021 between 10am and 12.30pm, our friendly staff will make contact with you prior to this date.

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Join us from 10am:

- Small groups
- Build confidence
- Meet new people
- Friendly, welcoming environment.



## What you will be doing

This is an exciting opportunity to gain employability skills; meet new people in a small group with friendly and supportive staff.

### Week 1:

- Practical activities
- Personal skills
- Teambuilding

### Week 2:

- Resilience
- Project planning
- Presentation skills

### Week 3:

- CV writing
- Interview skills
- Next steps

### Week 4:

- Mock Interviews
- Creative skills
- Celebration

