

CHAT HEALTH

Derbyshire
Healthcare Support
Children | Parents | Teenagers



WE HELP 11-19 YEAR OLDS
WITH ALL KINDS OF THINGS:



HEALTHY
EATING

BULLYING

SMOKING

It's safe and easy
for you to speak to
a qualified health
professional. Just
send a text, you
don't have to give
your name.

Discreet and
quick, it only takes
one message to
start making a
difference...

ALCOHOL

MENTAL
HEALTH

RELATIONSHIPS

TEXT US FOR **CONFIDENTIAL** ADVICE AND SUPPORT

07507 330025